

Doctors' Health Fund

Rebates for counselling or psychotherapy are available to Doctors' Health Fund members. Claims can be made for Mental Health Services of \$100 per visit up to a maximum of \$600 per year. The Fund emphasizes the ability of members to choose their preferred provider. Rebates are therefore available for services provided by registered psychotherapists or counsellors in private practice

Bupa

Benefits for counselling services will only be paid for Bupa members who have the appropriate level of Extras cover. It is expected that a wide range of Bupa insurance products will provide some level of cover for counselling under Extras. Bupa has already written to their members with Extras cover to advise them if they will be covered for the new counselling services from 1 July. Insurance products with cover for counselling can also be purchased from 1 July by new customers wishing to switch to Bupa.

Medibank Private

Rebates for counselling are available to Medibank Private members with policies with the package bonus feature. The following Medibank Private products include package bonuses that can be used for counselling:

- Family Essentials
- Family Comprehensive
- PremierPlus,
- AdvantagePlus,
- Smartplus,
- HealthyPlus or their VIP corporate equivalents.

Existing customers with these policies can continue to access these benefits, however these policies are no longer available for purchase by new customers.

Australian Unity

Rebates for counselling for Australian Unity members with the following policies:

-Life Choice

80% of the cost up to a maximum of \$200 per person, or \$500 for a family policy

-Life Choice Plus

80% of the cost up to a maximum of \$400 for an individual or \$400 for each person in a family policy

Existing customers with these policies can continue to access these benefits, however these policies are no longer available for purchase by new customers.

Members with these policies can claim the benefit for counselling under the health management services provision of their policy if they have a letter from a GP identifying what the condition is and the treatment recommended (i.e. counselling).

CBHS Health Fund

Rebates available for services provided by psychotherapists (but not counsellors). Membership is only for current and former employees, contractors and franchisees of the Commonwealth Bank and eligible family members.

Disclaimer: This is information only. Please check with your Health Insurance for further detail.